

Center for **Wound Healing & Hyperbarics**



*Healing wounds 20 days faster than the national average**

**See inside for details*



Edmonds, WA

Stevens Hospital added hyperbaric oxygen (HBO) treatment in December 2008 when the facility, now known as Center for Wound Healing & Hyperbarics, moved one block south of the hospital campus. Equipped with the only computer-controlled chambers in Washington state, you now have local access to unsurpassed wound care.



The Center for Wound Healing and Hyperbarics treats all chronic wounds, including pressure ulcers, diabetic ulcers, arterial wounds, surgical wounds that have opened, vein blockage, traumatic injury wounds, etc. Our specialized clinical team uses a variety of standard and advanced wound healing therapies.

Healing Success

“Our aim is to heal all chronic wounds as fast as possible” says Peggy Farah, program manager for the center. “We heal 96 percent of the chronic wounds we see within 16 weeks. That is 20 days faster than the national average when compared against 600 other wound healing centers according to a March 2008 study of non-HBO healing methods.” This provider-based clinic uses only evidenced based standard and advanced wound care therapies.

What is Hyperbaric Oxygen Treatment?

Hyperbaric oxygen allows patients to breathe 100 percent oxygen at pressure two to three times greater than normal sea level pressure. At Stevens Hospital, two monoplace hyperbaric chambers are supported by a clinical team of a certified hyperbaric oxygen technologist, three surgeons, two MDs, three ARNPs and two hyperbaric RNs.

Watch DVDs, listen to music or sleep during your treatments.

Stevens Hospital, in Edmonds, has the only computer-controlled hyperbaric oxygen chambers in Washington state.

Benefits of HBO

Research has shown that increasing oxygen to the body’s tissues helps create new blood vessels, reduce hypoxia and stimulate a healing cascade by hyperoxygenation followed by a drastic drop. High oxygen levels may also prevent or kill certain harmful organisms, boosting the body’s immune response.



Our department secretary, Elizabeth, typically schedules appointments within 10 days.

HBO Treatable Conditions

We treat only non-emergency patients with the following moderate conditions:

- Certain diabetic foot wounds
- Certain artery wounds
- Failing flaps/grafts
- Tissue and bone infections caused by radiation therapy for cancer treatment
- Re-occurring bone infections (chronic refractory osteomyelitis)

For more information on these conditions and their treatments, please call 425.673.3380.



The chamber bed slides out on rails for easy entering and exiting. Clear sides of a hyperbaric oxygen chamber help you feel unconfined -- especially while watching TV or movies.

Treatment Protocols

Hyperbaric oxygen therapy typically consists of two-hour treatments, five days a week for a total of 25-30 treatments. The precise number of treatments will often depend on the clinical indication for each patient.

Minor Side Effects / Potential Complications

Patients may experience minor side effects such as:

- Ear popping (similar to what can happen during air travel)
- Sinus squeeze
- Claustrophobia
- Anxiety
- Drop in blood sugar

Patient Referral and Consultation Procedures

Ask your doctor if hyperbaric oxygen therapy is right for you. Or, you may self refer during our normal working hours, 7:30 a.m. to 5:30 p.m. (Monday through Friday). Call the Wound Healing Center & Hyperbarics at 425.673.3380.



Every HBO patient is examined by a provider before and after chamber treatment sessions.

Stevens Hospital has the only computer-controlled hyperbaric oxygen chambers in Washington state.



Audrey Warolin, ARNP, one member of a provider team, consisting of surgeons and nurse practitioners, dedicated to healing wounds.

Other Wound Healing Services

The Center for Wound Healing & Hyperbarics at Stevens Hospital is set apart from other wound healing programs because it draws on a care team consisting of:

- Vascular, podiatric and general surgeons
- Certified wound care advanced registered nurse practitioners
- Certified wound care nurses

- Infectious disease specialists
- Orthotists
- Physical therapists
- Nutritionists
- Diabetes educators

The center helps heal chronic wounds faster by treating the cause of your wound and applying evidence-based medical and surgical techniques

that are outcome-focused and cost-effective.

You and your family or caregivers are taught how to care for your wounds at home to further facilitate faster and more permanent healing. We use the latest approved devices and dressings to promote healing.

Location

Located one block south of the Stevens Hospital campus at the corner of 220th and 76th, the address is:

76th Professional Commons
21911 76th Avenue West, #204
Edmonds, 425.673.3380
www.stevenshospital.org



About Stevens Hospital

Since 1964, Stevens Hospital has been committed to improving the health and well-being of the community through local, high-quality and compassionate healthcare services. Stevens Hospital offers a range of hospital services including cardiac and cancer care, obstetrics, emergency services and state-of-the-art diagnostic imaging. In 2009, the community hospital received a five-star rating for the quality of joint replacement, treatment of stroke and treatment of pneumonia from HealthGrades, the independent healthcare ratings company.

Stevens Hospital, licensed for 217 beds with a professional staff of 1,200-plus, serves patients from South Snohomish and North King Counties. More than 400 physicians have admitting privileges. The Board of Commissioners for Public Hospital District #2 of Snohomish County, Washington, is responsible for oversight of the hospital and its facilities.